

OAKSTONE MEDICAL PUBLISHING PRESS RELEASE

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FOR IMMEDIATE RELEASE

Oakstone Medical Publishing Introduces SESAP 12 Audio Companion Self-Study Materials for Surgeon Continuing Medical Education

Birmingham, AL, January 4, 2005 – Oakstone Medical Publishing, a leader in health care publishing and a wholly owned Hights Cross Communications company, today announced the availability of the SESAP 12 Audio Companion, jointly developed by Oakstone Medical and the American College of Surgeons. SESAP, the renowned Surgical Education and Self-Assessment Program, is designed to help surgeons evaluate and enhance their clinical knowledge. This twelfth edition covers the latest surgical advances over all 17 SESAP categories.

“Oakstone Medical Publishing has been an innovator in developing continuing medical education solutions for physicians, surgeons, and other medical professionals for 30 years,” said Nancy McMeekin, Oakstone Publishing’s President. “Publishing high-quality content in easy-to-use audio formats provides exceptional value to busy professionals who need to stay current with developments in their respective fields. Our audio products are ideal for use during otherwise wasted time—including while traveling, driving, relaxing, or exercising.”

SESAP 12 contains 24 issues, each with an audio CD or cassette, a set of cards, and a quiz. In each issue the host, SESAP Course Director John A. Weigelt, MD, FACS, leads a focused discussion of urgent clinical issues in one of the 17 SESAP categories. The interviewees are SESAP faculty members or other noted experts. Surgeons who complete the entire SESAP 12 Audio Companion can qualify for up to 48 CME credits from the American College of Surgeons.

About Oakstone Medical Publishing:

Oakstone Medical Publishing provides continuing education solutions for physicians, dentists, and allied and other health professionals. The company offers more than 100 programs in over 30 specialty areas. Its primary product summarizes and critiques journal articles in audio, print, electronic, web, and multimedia formats. It also offers curricula that address specific credit needs and serve as boards-preparation tools. Affiliations with such prestigious medical institutions as Johns Hopkins University School of Medicine, the American College of Physicians - American Society of Internal Medicine, and the American College of Surgeons, give Oakstone Medical Publishing a

range of authoritative publications across all areas of medicine. For additional information, visit www.cmeonly.com.

About Hights Cross Communications:

Founded in 1997 and based in White Plains, NY, Hights Cross Communications is a premier educational and library publisher dedicated to creating the finest books, audio products, periodicals, software and online services, serving the following markets: K-12 supplemental education, public and school library publishing, audio books, and medical continuing education publishing. Hights Cross companies include: Sundance/Newbridge Educational Publishing (Northborough, MA), Triumph Learning (New York, NY), Buckle Down Publishing (Iowa City, IA), Options Publishing (Merrimack, NH), Oakstone Publishing (Birmingham, AL), Recorded Books (Prince Frederick, MD), and Chelsea House Publishers (Northborough, MA). For more information, visit www.hightscross.com.

Safe Harbor Statement: This press release contains forward-looking statements. In some cases, you can identify forward-looking statements by terms such as “may,” “will,” “should,” “could,” “would,” “expect,” “plan,” “anticipate,” “believe,” “potential” and similar expressions intended to identify forward-looking statements. These statements reflect our current views with respect to future events and are based on assumptions and subject to risks and uncertainties. These risks, uncertainties and other factors may cause our actual results, performances or achievements to be materially different from those expressed or implied by our forward-looking statements. Factors that may cause our actual results to differ materially from our forward-looking statements include, among others, changes in external market factors, changes in our business or growth strategy, or an inability to execute our strategy due to changes in our industry or the economy generally, the emergence of new or growing competitors and various other competitive factors. In light of these risks and uncertainties, there can be no assurance that the events and circumstances described in forward-looking statements contained in this press release will in fact occur. You should read this press release completely and with the understanding that our actual results may be materially different from what we expect. We will not update these forward-looking statements, even though our situation may change in the future. We qualify all of our forward-looking statements by these cautionary statements.